

Nutritional Ingredients Book 2023

Global Markets - 2022-2027

Introducing Giract's annual overview of ingredients across world markets

Immunity, a significant concern sparked in particular by the Covid-19 pandemic, has influenced the food industry's view of nutritional ingredients. Nutritional ingredients such as those covered in this review are increasingly added to foods to enhance their biological value.

Ingredients

Giract's **Nutritional Ingredients Book 2023** presents the current market and outlook for:

**Minerals, Omega-3, Probiotics,
Fibres (soluble, insoluble),
Proteins (plant, dairy animal, microbial)**

- Minerals help maintain acid-base balance, to keep the body pH neutral, function in nerve impulse transmission and muscle contraction and aid in release of energy from food.
- Omega-3 EPA and DHA sourced from fish oils offer such health benefits as cerebral and cardiovascular health. DHA supplementation for infants assists cognitive development
- Probiotics and gut health are inseparable, essentially added in dairy and other fermented products and supplements
- Fibres, both soluble and insoluble, are integrated to several food product categories including cereals, granolas, nutrition bars, and functional beverages and are associated with a healthy lifestyle
- Proteins play a major role in broad range of food applications, used in addition to their nutritional value, for their emulsification, gelling, coating, and solubility properties

The assessment covers:

- Global and regional value market sizes for 2022 and forecasts to 2027
- Detailed regional and world trade flows
- Key companies and strategic investments
- Current applications and end-use segments
- Market outlook 2022-2027
- Industry mergers and acquisitions including strategic alliances

Geographies:

- **Europe:** EU27, UK, NO, CH
- **North America:** USA and Canada
- **Oceania:** Australia and New Zealand
- **Latin America:** Central and South American countries
- **CIS:** Russia, Belarus, Ukraine
- **Asia:** the major economies in the Asian region
- **MEA:** all major non-Asian, non-European mainland countries plus major African countries

Demand sectors:

- Bakery
- Dairy & Dairy Alternatives
- Processed Meat & Meat Analogs
- Beverages
- Confectionery
- Infant/Clinical Nutrition
- Other Food Applications

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For full information on the methodology and table of contents of this and other Ingredients Book options, please contact Pavithra (pavithra@giract.com) or telephone +41 22 7790500

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NUTRITIONAL INGREDIENTS BOOK 2023

Global Markets – 2022–2027

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